Fast Pitch Best Practices

Medium: Online video conference; face-to-face interaction

- Pitcher must be on video
- Check your image
 - How is your lighting (backlighting?)
 - What's in your background? (logos are good)

Delivery: Timing and dramatic effect are important

- 90 seconds max; aim for less
- One pitch per PIO
 - Colleague from your institution might make a 2nd pitch
- Sequence and organization
 - Pauses, pace and dynamics improve the performance
 - Build for engagement, foster questions
- Practice your pitch
- Speak to the reporter; do not read your pitch

Content: Deliver like a news release, but fast, brief, include visual(s)

- Include essentials
 - Begin with lead
 - Articulate the story
 - Sell the story, not the frame
 - What makes this important?
 - What is new? Why now? (relation to breaking news?)
 - Publication/meeting
 - Controversy
- Leave out unessentials, improve story by removing distractions
 - Attribution, titles, grant, etc. do not support the pitch
 - Minimize background, and do not lead with background
- Focus: Pitch to the interests, beat, and media outlet of the specific journalist
 - Reporter's medium (print, t.v., radio, web)
 - Quality of reporters' story interest
 - Feature
 - Hard news
 - Particular quirks...

Maximize the medium: Think and show visuals, even for text and radio reporters

- Practice screen sharing to make it work smoothly
- Ask colleague to perform your screen sharing
- You may use Power Point for a slide show for visuals only (please, no text)